

Canadian Dental Care Plan

Régime canadien de soins dentaires

Benefits at a glance – Persons with Disabilities

Accessible. Affordable. Essential.

Oral health is an important part of Canadians' overall health and well-being. Regular visits to an oral health professional have proven to reduce the risk of tooth decay, gum disease and other serious health problems such as cardiovascular disease and stroke.

The Canadian Dental Care Plan (CDCP) will help ease financial barriers to accessing oral health care for up to nine million Canadian residents who have an adjusted family net income below \$90,000 and who do not have dental insurance. The CDCP will help cover a wide range of oral health care services, on the recommendation of an oral health care provider, when needed.

Benefits at a glance – Persons with disabilities

Persons with disabilities often experience a greater burden of oral disease and complex or higher oral needs. This is due to a range of factors such as comorbidity issues (e.g., cardiac abnormalities), oral health complications such as limited mouth opening, difficulties communicating needs or symptoms, and experiencing difficulties with brushing their teeth or flossing.

The CDCP covers several oral health care services that can help improve the oral health outcomes of persons with disabilities:

Common oral health problems for persons with disabilities	How the CDCP can help
Not all persons with disabilities—and not even all people with the same disability—will require the same care. Determining treatment requirements is best done by the oral health provider who will assess the individual's oral health needs.	To improve oral health outcomes, the CDCP will cover a wide range of oral health care services on the recommendation of an oral health provider, with built-in flexibilities to meet various needs. This can include sedation ranging from minimal to deep sedation to general anesthesia which could help facilitate safe treatment.
Those experiencing loss of autonomy and manual dexterity who require the help of caregivers may tend to have poorer oral health.	The CDCP covers the cost of some oral hygiene care and services delivered in non-clinical institutional settings (e.g., mobile settings).

Tooth decay, gum disease and tooth loss. Exposed roots can also cause sensitivity to hot and cold.

The CDCP covers restorative services including fillings as well as endodontic services such as root canal treatments.

The CDCP covers examinations and x-rays to diagnose oral conditions.

The CDCP covers preventive treatments, including scaling (cleaning) and fluoride treatments, which help reduce the risk of gum disease and tooth decay.

For more information on the CDCP, eligibility, the phased application roll-out and examples of what will be covered, visit Canada.ca/dental.